

WHAT DO I DO IF I AM EXPOSED TO SOMEONE WITH COVID-19?

Are you vaccinated?

YES

Have you received a booster shot or 3rd dose of vaccine?

YES

1. You do not have to stay home, BUT
2. You DO need to wear a face mask (surgical, N95, or KN95) for at least 10 days while around others in any setting.
3. Maintain 6 feet of distance from others where possible.
4. Wash hands often with warm water & soap for at least 20 seconds.
5. Carefully watch for symptoms: fever or chills; headache or body aches; sore throat; congestion or runny nose; cough; loss of taste or smell; fatigue; etc.
6. **Isolate** yourself if any one of these symptoms develops and get a COVID-19 test, if possible.

NO

1. Stay home for 5 days & wear a face mask (surgical, N95, or KN95) covering the nose & mouth.
2. Get a COVID-19 test on day 5, if possible.
3. Wear a face mask for 5 more days upon return to work or while around others in any setting.
4. Maintain 6 feet of distance from others where possible and wash hands often with warm water & soap for at least 20 seconds.
5. Watch for symptoms: fever or chills; headache or body aches; sore throat; congestion or runny nose; cough; loss of taste or smell; fatigue; etc.
6. Revert to **isolation** if any one of these symptoms develops.

¿QUÉ HAGO SI ESTOY EXPUESTO A ALGUIEN CON COVID-19?

